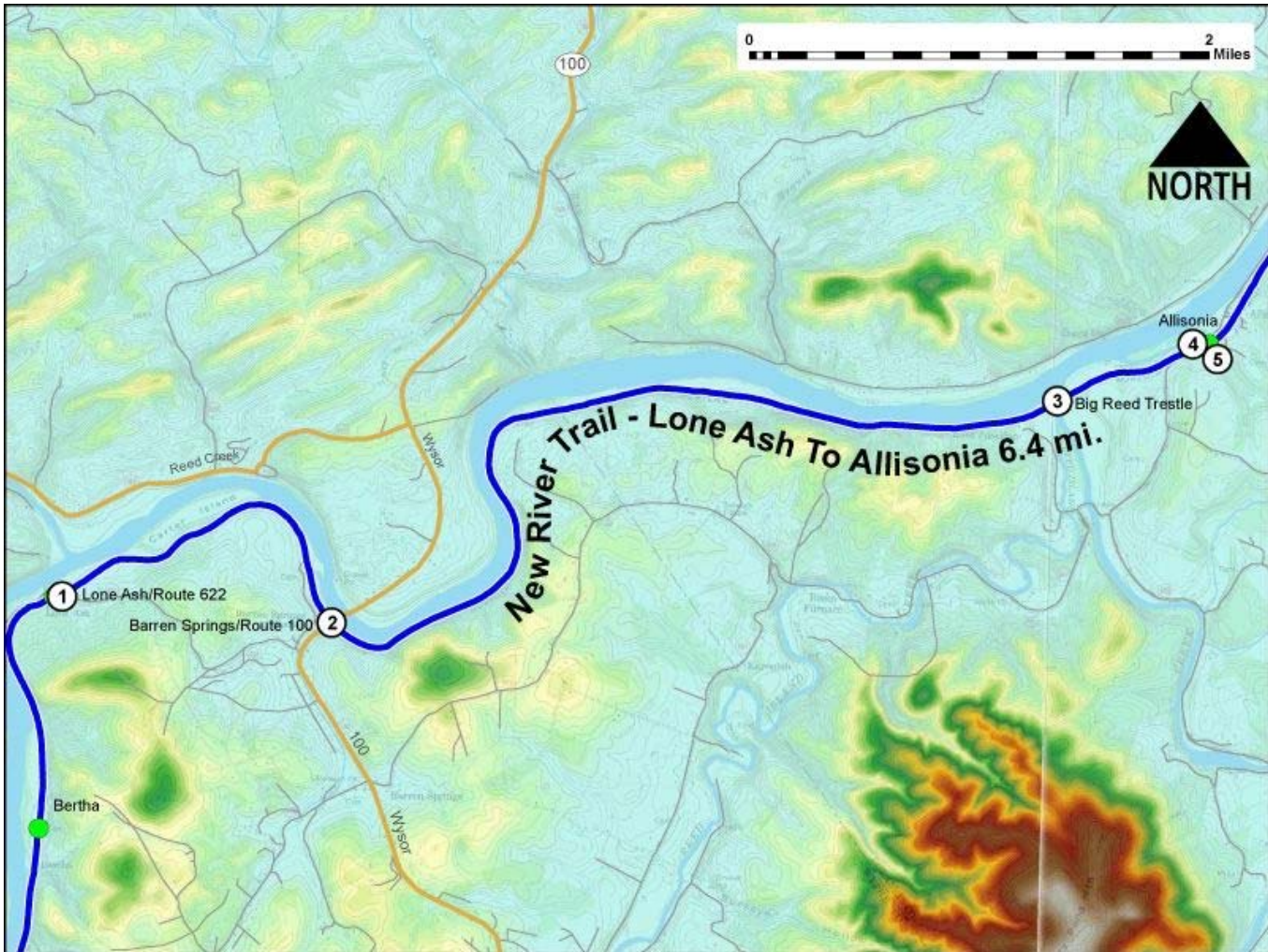


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**New River Trail State Park (Foster Falls)**  
**Lone Ash to Allisonia Map - Blaze Color:**



1. GPS: Lat. 36° 55.195, Lon. -80° 49.632

There is no dedicated parking area at Lone Ash however the trail may be accessed from Lone Ash Rd. SR622 and limited parking is available nearby.

2. GPS: Lat. 36° 55.109, Lon. -80° 48.359

MP 17.6: The trail passes under the State Route 100 bridge at Barren Springs.

3. GPS: Lat. 36° 56.013, Lon. -80° 44.964

MP 13.2: The Big Reed Trestle soars high over Island Creek at milepost 13.2. This majestic structure spans nearly 700 feet and features beautiful views of the New River Valley and surrounding hills. The trestle is a continuous deck plate girder design which allows the trail to run over the top with virtually no obstructions to the view. The fourth longest bridge on the trail, Big Reed is truly one of the highlights of this section.

4. GPS: Lat. 36° 56.242, Lon. -80° 44.259

MP 12.6: While mining in the New River Valley dates back to the later part of the 18th century, large scale production did not begin until about one hundred years later. Iron mines opened in Allisonia in the 1880s, with smelting plants along the banks of the New River. For over one hundred years these smelting operations in the valley dumped the by-products of the extraction process, silt and other tailings directly into the New River. As a result, the river was heavily silted and polluted from southwestern Virginia, deep into West Virginia, Ohio, and Pennsylvania. However, realizing the impact of pollution on the river, Mr. Haven Howe, a distinguished citizen of Pulaski County and Virginia, was called to testify before a Federal Court, and as a result of his and others testimony, helped to influence the court to ban any further dumping as of January 1, 1912. Howe's persistence of vision along with other leaders in conservation since him, had a significant impact on the treasure the New River Valley is today.

5. GPS: Lat. 36° 56.241, Lon. -80° 44.238

There is no dedicated parking area at Allisonia however the trail may be accessed from Julia Simpkins Rd. SR 693 and limited parking is available nearby. Additional parking may be found at the state Boat Ramp located 0.6 miles northeast of Allisonia off SR 693.

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