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**First Landing State Park**  
**Bald Cypress Trail Map - Blaze Color: Red**



1. GPS: Lat. 36° 54.9166, Lon. -76° 02.4850  
Trail Center and Bald Cypress Trailhead
2. GPS: Lat. 36° 54.8566, Lon. -76° 02.6650  
Interpretive Marker '1' Introduction
3. GPS: Lat. 36° 54.8366, Lon. -76° 02.6333  
Interpretive Marker '2' Nature's Rain Gauge
4. GPS: Lat. 36° 54.8266, Lon. -76° 02.5733  
Interpretive Marker '3' The Water Forest
5. GPS: Lat. 36° 54.8550, Lon. -76° 02.3633  
Interpretive Marker '4' Spanish Moss
6. GPS: Lat. 36° 54.8616, Lon. -76° 02.0800  
Interpretive Marker '5' The Swamp Floor – Peat
7. GPS: Lat. 36° 54.965, Lon. -76° 2.435  
Interpretive Marker '6' Drinking Water
8. GPS: Lat. 36° 54.958, Lon. -76° 2.418  
Observation Deck and Interpretive Marker '7' Nature's Candy
9. GPS: Lat. 36° 54.956, Lon. -76° 2.409  
Cribwall and Interpretive Marker '8' Dune Forest
10. GPS: Lat. 36° 54.95, Lon. -76° 2.401  
Cribwall and Interpretive Marker '9' Old Dunes
11. GPS: Lat. 36° 54.941, Lon. -76° 2.393  
Interpretive Marker '10' Swamps And Swales
12. GPS: Lat. 36° 54.914, Lon. -76° 2.383  
Intersection of Osmanthus and Bald Cypress Trails
13. GPS: Lat. 36° 54.89, Lon. -76° 2.377  
Interpretive Marker '11' Wounds That Heal
14. GPS: Lat. 36° 54.895, Lon. -76° 2.325  
Intersection with Osmanthus Trail and Interpretive Marker '12' A Dead Tree – Or So It Seems

15. GPS: Lat. 36° 54.905, Lon. -76° 2.26  
Interpretive Marker '13' The Forest Floor – A Recycling Center
16. GPS: Lat. 36° 54.897, Lon. -76° 2.276  
Interpretive Marker '14' A Small Community
17. GPS: Lat. 36° 54.908, Lon. -76° 2.188  
Interpretive Marker '15' The Beetles
18. GPS: Lat. 36° 54.908, Lon. -76° 2.143  
Interpretive Marker '16' Herons And Egrets
19. GPS: Lat. 36° 54.895, Lon. -76° 2.092  
Interpretive Marker '17' A Popular Reptile
20. GPS: Lat. 36° 54.885, Lon. -76° 2.048  
Intersection with Bald Cypress Trail and High Dune Trailhead (East) and crossing of Cape Henry Trail – Interpretive Marker '18' The Halfway Point
21. GPS: Lat. 36° 54.88, Lon. -76° 2.05  
Interpretive Marker 'A' The Great Desert
22. GPS: Lat. 36° 54.88, Lon. -76° 2.065  
Interpretive Marker 'B' A Youthful Cape
23. GPS: Lat. 36° 54.861, Lon. -76° 2.129  
Interpretive Marker 'C' The Earth Below
24. GPS: Lat. 36° 54.863, Lon. -76° 2.153  
Interpretive Marker 'D' Overlooked Plants
25. GPS: Lat. 36° 54.86, Lon. -76° 2.329  
Observation Deck and Interpretive Marker 'E' A Fishy Subject
26. GPS: Lat. 36° 54.855, Lon. -76° 2.363  
Interpretive Marker 'F' The Wise Man
27. GPS: Lat. 36° 54.843, Lon. -76° 2.359  
Interpretive Marker 'G' Another Sense with Bench adjacent
28. GPS: Lat. 36° 54.805, Lon. -76° 2.377  
Interpretive Marker 'H' Friends Of The Forest - Squirrels
29. GPS: Lat. 36° 54.801, Lon. -76° 2.365  
Interpretive Marker 'I' Traveling Dunes
30. GPS: Lat. 36° 54.777, Lon. -76° 2.346  
Intersection of Bald Cypress Trail and High Dune Trailhead (West)
31. GPS: Lat. 36° 54.755, Lon. -76° 2.352  
Small Bridge and Interpretive Marker 'J' Airborne Visitors
32. GPS: Lat. 36° 54.807, Lon. -76° 2.418  
Interpretive Marker 'K' Frogs
33. GPS: Lat. 36° 54.836, Lon. -76° 2.455  
Wood Steps connect Bald Cypress to Fox Run Trail
34. GPS: Lat. 36° 54.832, Lon. -76° 2.528  
Interpretive Marker 'L' Sapsuckers
35. GPS: Lat. 36° 54.819, Lon. -76° 2.564  
Interpretive Marker 'M' A Warm Stream
36. GPS: Lat. 36° 54.827, Lon. -76° 2.573  
Interpretive Marker 'N' Wet And Dry
37. GPS: Lat. 36° 54.837, Lon. -76° 2.633  
Interpretive Marker 'O' New Roots
38. GPS: Lat. 36° 54.846, Lon. -76° 2.653  
Interpretive Marker 'P' A Crowded Condominium
39. GPS: Lat. 36° 54.857, Lon. -76° 2.665  
Intersection of Bald Cypress and Cape Henry Trail

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